



2250 Cadets Newsletter

NOT the Official Title

2250 Royal Canadian Army Cadets - Bracebridge, Ontario

Volume 1, Issue 1

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Welcome to this issue of the 2250 Royal Canadian Army Cadets Newsletter.

New Command

Written by: Capt. Hammond

On May 23, 2009 Captain Peter Ruttan relinquished command of 2250 The Muskoka Pioneers, Royal Canadian Army Cadet Corps to Captain Derrick Hammond. Captain Hammond will now lead 2250 for the next 3 years and under his command this young Cadet Corps will continue to grow.

For all that attended both Captain Ruttan and Captain Hammond wish to say thank-you for sharing with us not only an important day for them but for the Cadets on parade.

If you attended and have photos to share please email them to muskokapioneers@yahoo.ca and we will post them to the Corps photo gallery.

Getting to know the Cadets

Written by: MCpl. Evan Downing

My experience with 2250 has been 100% awesome. I've met new people that I probably never would have met if I didn't join.

I've learned new things such as survival skills and leadership skills.

My favourite part about Cadets is exercises because we are always doing something fun.

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Written by: LCpl. Sheldon Gratton

I wanted to be a cadet because I thought there would be lots of fitness testing so I could get in shape. I really enjoyed the winter exercise because I got to make forts in the snow outside.



I always wanted to wear the uniform and I like doing so. I like marching and felt proud to stand at attention at the Remembrance Day Service.

I would encourage other kids to join Cadets!

It's Fun!!!

The important thing is to not stop questioning – Albert Einstein

Please see *Word Search Draw Prize* on page 5

Getting to know the Cadets...

Written by: Cpl. Matthew McMurray

My favourite thing about cadets is the enthusiasm. Everyone is so enthusiastic. All the Cadets are always coming in and being so happy-go-lucky-people that makes me want to come back. All the higher ranking Cadets tell me if I make a mistake, and they always tell me how to fix it.



Star Level and Promotion-May 2009

Written by: Sgt. Brittany Lockhart

My most memorable moment in Cadets has been very recent. I was promoted to "Sgt". It is my most memorable moment for many reasons. Firstly, because when you watch movies to do with the Army, you don't normally hear the ranks of corporals, normally you hear Sergeant a lot. Secondly, it is my most memorable moment because I have worked hard to get it, and just when I thought I wouldn't get it I was very surprised, but honoured to receive the rank of Sergeant, (Sgt).

"Marksmanship is my favourite activity with Army Cadets Corps."



Spring Exercise-May 2009

Written by: LcPl. Kienan Vivian

Marksmanship is my favourite activity with my Army Cadet Corps. I was able to attend the regional shoot and placed fourth in the junior division. Our Corps team won the Silver Medal. My favourite moment so far in my first year of Army Cadets was receiving my first badge - Level two marksmanship.

Written by: Cpl. Mitchell Campbell

Why I like Cadets is because you get to do many different things such as camp and seasonal field training exercises and all kinds of sport and activities like biathlon, orienteering, drill and shooting competitions. I have been to most of these events but the best was camp. At camp you stay from 2-6 weeks depending on the course and you get to do all sorts of things. I went to camp for two weeks at Blackdown Borden, where I went on a small camping trip and we had a bon fire where we did impersonations of our Sergeants' Warrants' and even the M.W.O. and all night I slept out under the stars because my tent buddy snored like a chainsaw. We also did the rope bridge that was kind of scary, but I did it after all. With Cadets the possibilities are endless and that's why I like Cadets.

If you listen to your body when it whispers, you will never have to listen to it scream – source unknown

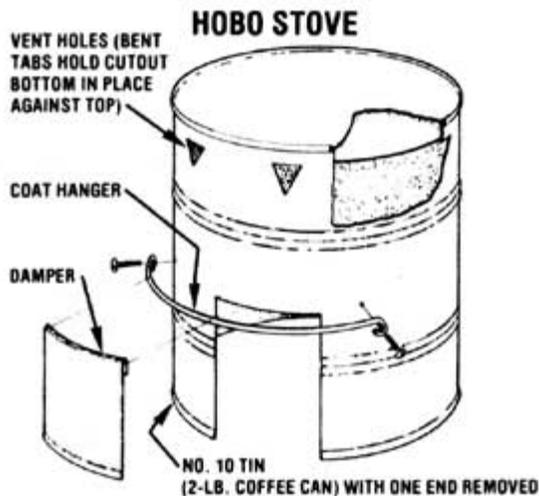
Please see *More Stories from Cadets* on page 4

An Article for Everyone – The Hobo Stove

From the desk of Cool Breeze



Have you ever wondered what a Hobo Stove is or how to make one? Here are a simple set of plans that will allow you to make this type of bush cooker that actually works.



The stove is typically made from an empty apple juice container; the Allen's Apple Juice is my personal preference. Simply cut out the bottom (and only the bottom as the top is your cooking surface), add vent holes to the top and cut an opening to add small sticks and twigs for fuel. The options for this stove are endless, get creative and have fun!



The hobo stove is small, compact and easy to use anytime of the year. Best of all it can be made from an empty clean tin can. This stove definitely works and will cook soup, chili or warm rations in just a few minutes. It's even great to make tea or hot chocolate.

Some people come into our lives and quickly go, others stay for awhile, leaving foot prints on our hearts and we are never quite the same... Unknown source

Getting to know the Cadets...

Written by: Cpl. Katherine Campbell

Although I joined as an older Cadet, I feel that my experience with the Cadet program has really not been any different for me than for any other Cadet in the Corps. The Cadet program is one that I feel very passionately about and has allowed me not only to extend my circle of friends but also to learn new things and to travel to new places I would not have been able to travel to ordinarily.

Although during my time with the Army Cadet Corps, 2250 I have had many fun and rewarding experiences, I would have to say that my favorite experiences lie within the overall experience of field exercises. Field exercises allow the Cadets that participate to travel to an interesting location original to the exercise (for each exercise the location is often different); the difference in location varying from exercise to exercise makes each trip vastly different from another. Field exercises provide the opportunity to learn new and useful skills not learned on regular Cadet nights from Captains, C.I.'s, other Cadets, and guests which visit on exercises. During a field exercise Cadets participate in activities which are both fun and educational

"Cadets participate in activities which are both fun and educational while spending time with friends in a safe and secure environment."

We're on the Web!

Visit us at:

www.armycadets.ca

while spending time with friends in a safe and secure environment. These field exercises allow me to escape from the stress of school work while providing me with not only something to do but sometimes fun and interesting things to do, this is why I enjoy field exercises.



Written by: Cpl. Mackenzie-lee Donaldson

A couple of things I like about the Cadet Corps, is you get to learn a lot of new things and you get to understand why people want to go into the Forces/Army. I for one, know that I am not going there for sure. I am writing this letter to tell you a couple of things I like about Cadets. One thing I like about Cadets is like I already said you get to learn a lot of new things about Cadets, another reason is because you get to meet a lot of new people. I would encourage people to come out and try Cadets because you know if you don't like it in the end you can always leave. Also it is good on job applications and colleges too, so come out and try it.

Written by: Cpl. Logan Pepper

TOP TEN REASONS TO ENJOY CADETS

1. Some Rations
2. Remembrance Day Vigil
3. Orienteering
4. Outdoor Survival Skills
5. Uniform Care
6. Marksmanship/Biathlon
7. Drill/Flag Party
8. Sports Night
9. Camp
10. Promotions/Badges/Awards

Cadets and Current Ranking (As of April 19, 2010)

RANK	SURNAME	FIRST NAME
CADET COMMANDER	RUTTAN	MATTHEW
WARRANT OFFICER	MOORE	DAVID
	MOORE	DYLAN
SERGEANT	LOCKHART	BRITTNEY
MASTER CORPORAL	DOWNING	EVAN
CORPORAL	CAMPBELL	KATHERINE
	CAMPBELL	MITCHELL
	DONALDSON	MACKENZIE-LEE
	GALLANT	GORDON
	GLEESON	LIAM
	MCMURRAY	MATTHEW
	PEPPER	LOGAN
	REDWOOD	GARETH
	RIGHETTI	MICHAEL
LANCE CORPORAL	GRATTON	SHELDON
	HALLAM	SPENCER
	MANGALLON	MERRICK
	SEQUIN	DARIAN
	VIVIAN	KEINAN

RANK	SURNAME	FIRST NAME
CADET	DUKE	MICHELLE ANN
	LOW-DEYOUNG	JOHN
	MARSH	TUCKER
	RAWN	LEONARD
	WRIGHT	VICTORIA



Word Search - Cadet Members can complete and submit for a draw prize by May 26, 2010

V	W	W	S	H	W	Z	C	X	U	P	S	E	G	R	J	C	B	L	P
C	E	S	S	E	N	L	L	E	W	E	K	F	S	P	E	I	L	H	K
H	I	G	K	X	Y	Z	Y	T	O	D	I	M	Q	I	C	A	Y	U	P
T	R	Q	E	H	G	T	Q	H	S	O	M	U	I	Y	C	S	W	A	R
L	S	R	M	T	I	G	S	W	Y	M	B	U	C	L	I	R	Q	X	O
A	T	T	E	V	A	G	G	V	Q	E	Q	L	M	C	E	Y	E	K	G
E	K	E	I	R	N	B	K	U	E	T	E	F	I	O	Q	W	X	X	R
H	Q	T	A	I	U	J	L	G	H	E	C	A	L	O	R	I	E	S	E
D	C	C	K	M	P	S	W	E	R	R	N	V	J	S	F	R	B	M	S
A	O	L	T	N	W	B	A	I	S	E	H	Y	Z	I	L	N	I	D	S
J	A	O	D	B	A	O	P	E	J	R	L	S	X	M	A	W	X	G	B
W	P	U	T	K	G	Y	R	Y	M	Y	K	J	G	O	C	F	D	T	Y
M	H	N	C	Z	F	U	G	K	V	Z	U	W	M	Y	I	N	A	L	Z
W	Y	E	N	I	T	U	O	R	V	J	D	Y	S	N	S	P	H	Y	L
H	S	B	Y	K	Z	U	O	L	O	I	G	X	Y	E	Y	Y	G	T	G
O	C	K	B	F	K	Z	D	Q	G	R	H	A	S	B	H	D	T	K	B
U	A	Z	A	G	X	L	L	X	N	U	F	H	X	B	P	I	K	T	W
K	V	M	T	R	Q	M	S	A	X	N	V	R	S	P	U	U	S	D	X
I	Z	P	A	R	T	I	C	I	P	A	T	E	Q	R	M	S	W	B	G
W	A	L	K	K	C	X	L	B	N	K	R	F	F	W	I	K	Q	T	M

- ACTIVITY
- BICYCLE
- CALORIES
- EXERCISE
- FRUIT
- HEALTH
- MEASURE
- MILE
- PARTICIPATE
- PEDOMETER
- PHYSICAL
- PHYSICIAN
- PROGRESS
- ROUTINE
- RUN
- TEAMWORK
- VEGETABLES
- WALK
- WALKINGSHOES
- WELLNESS

Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it. - Michael Jordan

What are Army Cadets and What do we Do?

The Army Cadet program is the oldest of Sea, Army and Air Cadets.

Adventure training is one of the many ways that Army Cadets remains a challenging program. Through active outdoor pursuits like trekking, canoeing, rock climbing and survival training, Army Cadets gain valuable life skills, knowledge of themselves and an awareness of their environment.

Army Cadets also learn about traditions and participate in a variety of national and international expeditions that focus on adventure training, like white water rafting, horseback riding and canoeing.

Army Cadet training is divided into four star levels. Upon completion of the four levels, Army Cadets take part in the National Star Certification Exam (NSCE) which tests their practical and theoretical knowledge, as well as their ability to be good instructors.

	<p>Green Star – 1st year training. The basics are taught and the youth learns what it's like to be a cadet: bush craft, citizenship, drill, fundamental training, leadership, marksmanship, public speaking and map & compass.</p>
	<p>Red Star – The cadet adds to his basic knowledge by continuing the courses of Green Star. The cadets also learn first-aid.</p>
	<p>Silver Star – The cadet has mastered the basics and takes on more responsibility. He starts to concentrate on his leadership skills and learns how to teach cadets everything he has learned.</p>
	<p>Gold Star – This is the last star level. The cadet perfects his instructional abilities and moves into a leadership role at the cadet corps.</p>

Upcoming Events

May 1, 2010 Army Cadet League (Ontario) Annual General Meeting & Training Seminar to be held at Markham Delta located on 50 East Valhalla Drive, Markham

Saturday, May 1st - Flag Day
(Memorial Cemetery)

Saturday, May 8th - Tag Day

Saturday, May 29th Annual Parade
(At the Annual Parade the following Awards And Presentations will be made:
****BILL PORTER MEMORIAL AWARD**
 BEST FIRST YEAR CADET
****TOP RED STAR CADET**
****TOP SILVER STAR CADET**
 SERGEANT LAWRENCE A. RUTTAN MEMORIAL AWARD
 "MOST IMPROVED CADET"
 PRIVATE ALEX BALL MEMORIAL AWARD
 "DRILL PROFICIENCY"
****COMMANDING OFFICERS AWARD**
 BEST OVERALL CADET
 ROYAL CANADIAN LEGION CADET MEDAL OF EXCELLENCE

Note: Awards marked ** have been presented to the cadet with the highest points in their respective star level. This was done so that it was deemed to be fair and not for or against any one cadet in particular. All points obtained have been verified by the Commanding Officer 2250.)

Sunday, May 30th Year-End Excursion
 Sunday, July 4th to Friday, July 16th
 Black down-Borden Camp



It is FUN, and it is FREE!

Parent Support Committee

2250 Royal Canadian Army Cadets is sponsored by a Parent Support Committee comprised of a dedicated group of Cadet parents who volunteer their time for the benefit of the Cadets. The Committee is constantly working on a number of fund-raising initiatives to provide the Cadets with the resources needed for a full and fun year of activities.

How do parents help? They operate the canteen during training nights and organize the annual parade, tag days and other fundraising events. They also coordinate Cadet Involvement in community events. They meet monthly to discuss ongoing initiatives, and volunteer their time and skills in many other ways. Your help is always needed, no matter how much time you can give, and even if you think you have no skills to contribute. If you are interested in helping out with the Parent Support Committee, please contact the Committee Chairperson, Laura Pepper at (705) 732-1772 or her email at: laura.pepper@sympatico.ca

Help is needed for the Annual Parade on Saturday, May 29th if any parent is available to assist please let Laura Pepper know.

Parent Support Committee Members

Jack Ellis – Legion Representative
 Laurie Milne – Outgoing Chair
 Laura Pepper – Incoming Chair
 Melanie Donaldson – Vice Chair
 Rose Marsh – Media Relations
 Launa Smith – Bingo
 Shelley Rawn – Bingo
 Cindy Ruttan – Bingo
 Lisa Vivian – Canteen/Tuck Shop

CONTEST

You're Name in Print Contest

Welcome to our new newsletter as yet unnamed. This newsletter is written and printed in order to keep every Cadet informed of special events, activities, promotions and generally anything of importance that is going on. Do you have a story for us? How about a story with a picture?

We would like you to help choose the title of this newsletter. After all, what is any newsletter without one? Use your creative skills and think of a really great title for our newsletter and, if you are the winner, every newsletter will have your Title! Let's get those creative ideas flowing and send in those Titles. Please contact Rose Marsh at (705) 646-0227 or her email at:

rosemarsh@sympatico.ca

Contest Rules

Enter as often as you like. Open to all Cadets. Entries must be received by Saturday, May 29, 2010.

Everyone has an opportunity to submit articles, pictures, event dates for the calendar, and other comments appropriate for the newsletter.

Future

Newsletters

If parents would like to the newsletter by email or be advised the latest newsletter is available on our website please let me know at the email address above.

2250 Muskoka Pioneers

P.O. Box 434

Bracebridge, ON P1L 1T4

Phone: 646-2025

E-Mail:

Muskokapioneers@yahoo.ca





STAFF	SURNAME	FIRST NAME
COMMANDING OFFICER	HAMMOND	DERRICK
TRAINING OFFICER/DCO	HASTINGS	PAUL
TRAINING STANDARDS OFFICER	SCULTHORP	LORNE
ADMINISTRATION OFFICER	BILZ	MADELINE
OPERATIONS OFFICER	BOUSKILL	JENNIFER
SUPPLY OFFICER	HARLEY	ROBERT
SPECIALIST VOLUNTEERS	BUSIERRE	DAVID
	GOHEEN	JEFF
	HARRIS	STEVE
	BRYANT	SCOTT
	THALER	EMILY
	THALER	ANNE

Links and Additional Resources

www.armycadets.ca - 2250 Royal Canadian Army Cadets, Bracebridge, ON
www.armycadetleague.on.ca - Ontario Army Cadet League of Canada (Ontario)
www.cadets.ca - Cadets Canada